



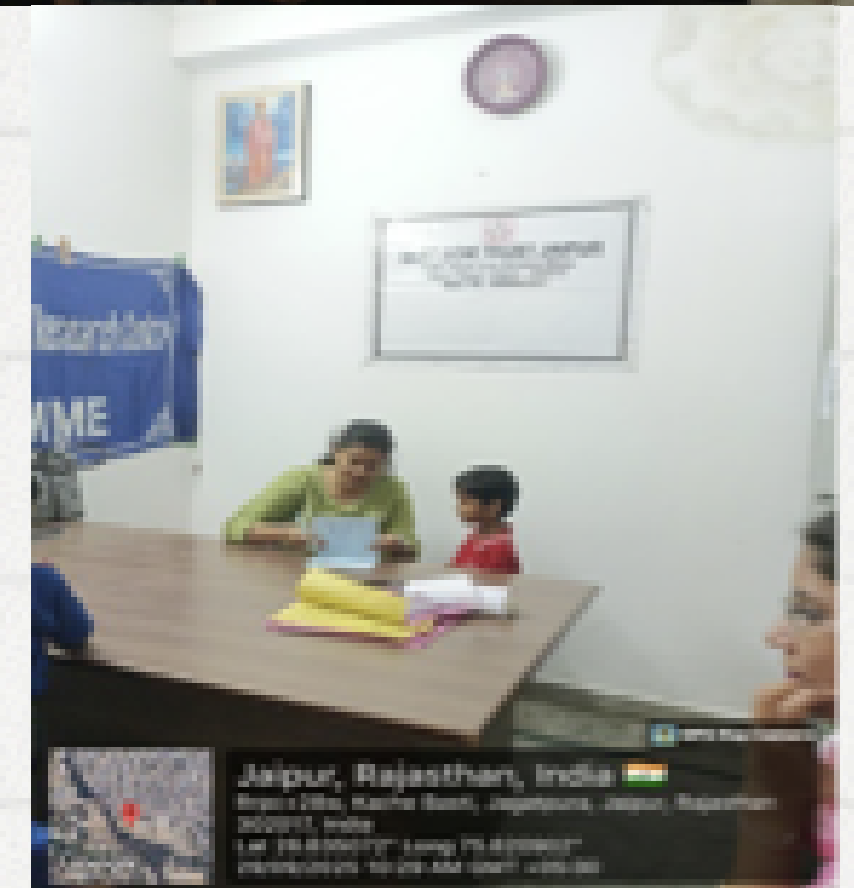
Swasthya Kalyan Group

Newsletter

October 2025

Health Check-up at Sajal Prakhar School, Jagatpura 30-Sep-25

A comprehensive health check-up camp was conducted at Sajal Prakhar School, Jagatpura, where 63 students underwent detailed medical evaluations. Led by Dr. Riya Gupta and Dr. Lalita Sharma, the camp was supported by PGR Dr. Anjali and interns Pinky Chaudhary, Shobha, Rahul, and Sachin. The initiative focused on early identification of health concerns through routine assessments, vision screening, physical examinations, and basic health counselling. Students also received guidance on nutrition, hygiene practices, and preventive care. Teachers appreciated the team's systematic approach and the emphasis on raising health awareness among young learners. The camp concluded successfully with positive participation from students and faculty, reflecting Swasthya Kalyan Group's commitment to community health outreach and school-based preventive care.



Grand Dandiya Night by PGRs – Tarang Utsav 2025

30-Sep-25

Swasthya Kalyan Homoeopathic Medical College & Research Centre came alive with festive colours during the Grand Dandiya Night organised under Tarang Utsav 2025. The Post Graduate Residents (PGRs) meticulously planned and executed the event, ensuring a seamless celebration for students and faculty. The evening began with a serene Aarti led by CEO CA Shraddha Agarwal, Principal Dr. Yogeshwari Gupta, and principals of the SKGI institutions. This was followed by energetic Garba and Dandiya Raas performances, creating a vibrant and joyful atmosphere. Students dressed in traditional attire showcased spirited participation, making the event memorable. Awards for Best Dressed and Best Performances added excitement. The celebration highlighted teamwork, cultural pride, and unity across the campus. It concluded with heartfelt appreciation for the PGRs whose leadership and dedication shaped a truly unforgettable evening.



Field Visit to Differently Abled Center, Jamdoli

04-Oct-25

A field visit to the Differently Abled Center, Jamdoli, Jaipur, was organised for BHMS Final Year students to strengthen their understanding of community health. Supervised by Department of Community Medicine faculty Dr. Rajkriti Dhakad and Dr. Lalita Sharma, and coordinated by Dr. Rajeev Saxena, the visit offered students direct exposure to the living experiences and clinical needs of differently abled individuals. Students interacted with the residents, observed their daily routines, and gained insights into various physical, developmental, and neurological conditions. The team also familiarised students with rehabilitation practices, assistive devices, and therapeutic activities used at the centre. The visit, conducted under the guidance of Principal Dr. Yogeshwari Gupta, encouraged empathy, clinical awareness, and social responsibility, reinforcing the Group's commitment to inclusive healthcare education and community engagement.



ICAP 3.0 International Conference

09-Oct-25

Students of the SKCP Physiotherapy Department participated in the prestigious International Conference ICAP 3.0, bringing recognition to the institution through their academic excellence. Mr. Chirag Yadav was honoured with the "Student of the Year" Award, while Ms. Kanupriya, Ms. Avni, and Mr. Vansh presented research papers, with Ms. Avni securing the 2nd rank overall. Faculty achievements were equally significant, with Dr. Aditi Buliya receiving the Academic Achievement Award and Prof. (Dr.) Dhruv Taneja earning the Academic Excellence and Mentorship Award. Their contributions underscored the department's strong research culture and dedication to clinical advancement. The event brought together researchers, clinicians, and academicians from across the country, offering students enriching exposure to emerging developments in physiotherapy. The recognition received by the team was a proud moment for SKCP, reinforcing its reputation as an institution committed to academic rigor and excellence.



Seminar – “Access to Services: Mental Health in Catastrophes and Emergencies”

10-Oct-25

In observance of World Mental Health Day 2025, Swasthya Kalyan Homoeopathic Medical College & Research Centre organized an insightful seminar on the theme “Access to Services: Mental Health in Catastrophes and Emergencies.” The session was led by Dr. Swarupananda Sarkar, Associate Professor and Head, Department of Psychiatry, who spoke on psychological resilience, trauma response, and barriers to mental-health access during crises. Students and faculty participated actively, engaging in discussions on emergency mental-health protocols, community preparedness, and rehabilitation strategies. The seminar highlighted the critical importance of addressing mental-health needs during natural disasters, conflicts, and public emergencies. It also emphasized the role of healthcare professionals in early intervention and psychosocial support. The program successfully promoted awareness, empathy, and professional preparedness, reinforcing the institution’s commitment to holistic medical education.



Blood Donation Camp – SKINYS & SKCP

15-Oct-25

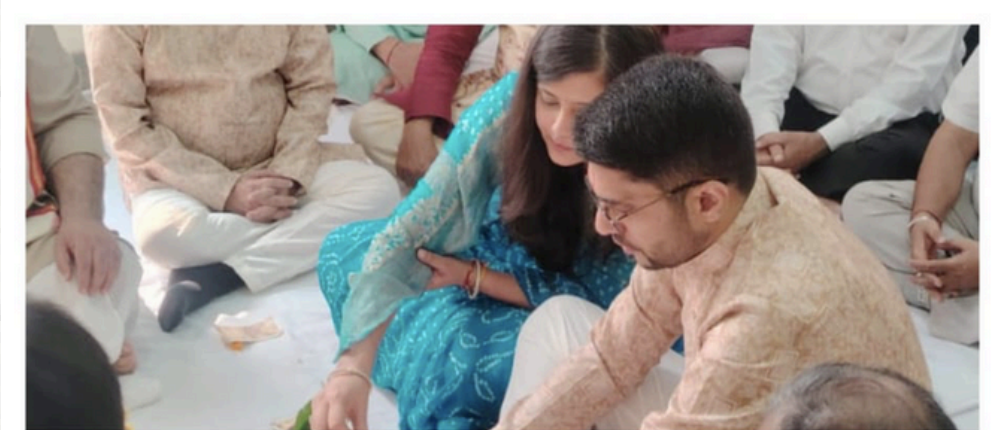
Swasthya Kalyan Institute of Naturopathy and Yogic Sciences and the Swasthya Kalyan College of Physiotherapy jointly organized a Blood Donation Camp on 15 October, promoting compassion and social responsibility. The event commenced with a lamp-lighting ceremony led by Dean of Academics, Dr. Arun Chougale, along with Principals Prof. (Dr.) Aklavya Bohra and Prof. (Dr.) Dhruv Taneja. Principals from several SKGI colleges visited the camp to encourage volunteers. Students participated enthusiastically, many donating blood voluntarily for the first time. The camp was conducted in collaboration with the Swasthya Kalyan Blood Bank, ensuring strict adherence to safety and medical protocols. The initiative highlighted the importance of voluntary blood donation and strengthened awareness on community health. The successful turnout reflected the institution's culture of empathy, civic duty, and collective welfare.



Diwali Celebration & Lakshmi Poojan

21-Oct-25

The Swasthya Kalyan Group celebrated a unified Diwali and Lakshmi Poojan ceremony on 21 October 2025 with devotion and joy. The event was graced by Chairman Dr. S. S. Agarwal, Managing Director Dr. Sarvesh Agarwal, and CEO CA Shraddha Agarwal, whose presence added significance to the occasion. Principals and faculty from all SKGI institutions attended, creating an atmosphere of harmony and shared celebration. The ceremony included traditional rituals, lighting of lamps, and prayers for prosperity. The gathering reflected unity, culture, and collective blessings, embodying the spirit of Diwali within the Group.



Farewell Celebration for Batch 2021 – SKCP

30-Oct

SKCP celebrated the Farewell of the 2021 batch on 30 October with vibrant cultural performances, music, and an atmosphere of joy. Chief Guest Dr. Archana Meena, Chief Physiotherapist of the Indian Badminton Team, inspired students through insights on career prospects in sports physiotherapy. She encouraged the outgoing batch to embrace learning and seize opportunities in the evolving field of sports science. Students enjoyed memorable moments, heartfelt messages, and warm wishes from faculty. The event concluded with blessings for a successful professional journey.



Farewell Ceremony for Batch 2020–21–SKINYS

08-Oct-25

The Farewell Ceremony for the 2020–21 batch was held on 8 October 2025 with a beautifully curated Punjabi-themed celebration titled “The Last Hurrah.” The event began with a traditional lamp-lighting followed by a graceful Ganesh Vandana. CEO CA Shraddha Agarwal shared an inspiring voice message conveying blessings and best wishes. Principal Prof. (Dr.) Aklavya Bohra addressed students with guidance on facing professional challenges with compassion and integrity. Games, dance performances, and the crowning of Mr. and Ms. Farewell added joy to the celebration. Personalized gifts marked the event’s warm conclusion.



Annual Sports & Cultural Championship 2025 – Inauguration

31-Oct-25

The Annual Sports and Cultural Championship 2025 was inaugurated with enthusiasm on 31 October. CEO CA Shraddha Agrawal and Director of Finance Mr. Pradeep Agarwal graced the event. Principal Prof. (Dr.) Aklavya Bohra delivered the welcome address emphasizing teamwork, discipline, and holistic development. The ceremony featured indoor games including carrom, chess, and a girls' handball match. A spirited flag-hoisting ceremony formally launched the championship. CA Shraddha Agrawal's motivational address highlighted how sports nurture lifelong values of perseverance, consistency, and integrity. The event set an energetic tone for the competitions ahead.



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